



Supporting Senior Care in Clatsop County for nearly 50 years!

Your Digital Safety Checkup

4 Practical steps. Choose one today.

-
- 1 ☐ **Check the caller.**
Caller ID can be faked. Hang up. **Call the number on your bank card or statement.** Avoid links in unexpected texts and emails.

 - 2 ☐ **Keep control.**
Never move money to a “safe account” at a caller’s direction. Keep sign-in codes private. Do not give unexpected callers control of your devices.

 - 3 ☐ **Strengthen your sign-in.**
Use a long, different password for each account. Turn on two-factor authentication: an extra sign-in check. Keep devices and apps updated.

 - 4 ☐ **Consider a free credit freeze.**
Contact Equifax, Experian, and TransUnion separately. A freeze helps block new credit accounts, not protect existing ones. Lift it when applying for credit.

Already sent money or shared information?

Call your bank or payment provider now. Ask if the payment can be stopped or reversed. Change exposed passwords from a trusted device. Visit [IdentityTheft.gov](https://www.identitytheft.gov) for recovery steps.

Choose one step to try today.

My next step: _____

Have questions? You’re invited.

Get the free three-part course and invitations to Foundation events where you can ask questions. Sign up for emails. We’ll email event details as they are announced.

clatsopcaresfoundation.org